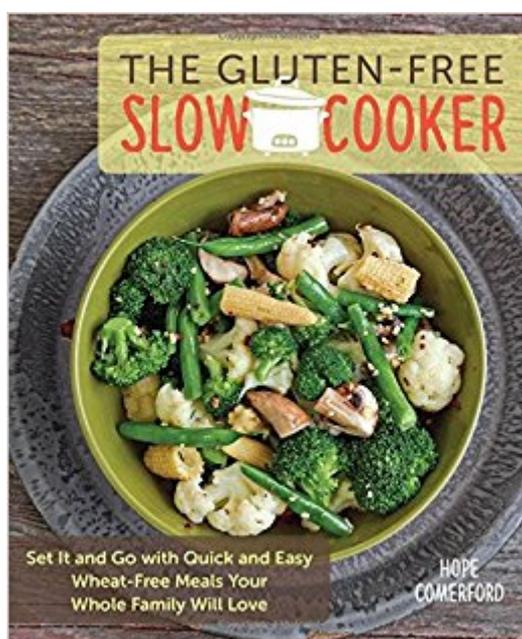


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# The Gluten-Free Slow Cooker: Set It And Go With Quick And Easy Wheat-Free Meals Your Whole Family Will Love



## Synopsis

Stick to your gluten-free diet while still enjoying hearty, home-cooked meals with The Gluten-Free Slow Cooker. Busy families know how challenging it is to create delicious dinners night after night that everyone in your family will and can enjoy. If you live in a gluten-free household, you may think it's downright impossible. But with the help of a slow cooker and these easy recipes, things are about to change for the better. The Gluten-Free Slow Cooker makes mealtime quick and easy. With a little prep the night before or morning of, you can come home to tasty meals that have spent hours cooking while you were out taking care of the rest of your life! Busy mom and gluten-free recipe developer Hope Comerford provides you with more than 100 recipes, from Slow Cooker Frittata with Tomatoes, Avocado and Cilantro to Korean Inspired BBQ Shredded Pork, you'll find meal ideas for breakfast, lunch, dinner, and even dessert. All with minimal prep but tons of flavor! Stick to your gluten-free diet while still enjoying hearty, home-cooked meals with The Gluten-Free Slow Cooker.

## Book Information

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## Customer Reviews

The Gluten-Free Slow Cooker Cookbook was very informative, motivational and exciting read packed with healthy mouthwatering recipes both delicious and nutritious, which not only taste good, but they're gluten-free too! All the recipes in this book are easy to structured, organized, easy to read and easy to follow. All these recipes are healthy meals great for company and the entire family to all enjoy. The cookbook contains seven parts (The basics of gluten-free slow-cooking, breakfast, starters and snacks, soups and chili's, main course meals, delicious side dishes and dreamy

desserts).Chapter 1 begins by explaining to the reader which foods are gluten-free. Comerford also useful tips and tricks about the slow cooker that will make every meal scrumptious.The Gluten-Free Slow Cooker Cookbook continues where Hope Comerford, the author shows you in a structured, easy to follow manner how to make delicious meals with her gluten-free recipes in a slow cooker. Her recipes consist of over 170 pages of gluten-free breakfasts, sandwiches, salads, pilafs, easy to make meals, soups, appetizers, snacks, desserts and much more!As you continue reading, you will find phenomenal recipes that taste delicious. The book even provides you many food entrées, which I thought was great. To see how well the recipes really were I put it to the challenge by using one of their recipes for dinner.I made the Chicken and Lime Soup with Avocado Garnish, on page 67. It was delicious and the best part was that it was actually healthy for you.I enjoyed how the cookbook provides you with the stepping-stones and techniques to make unique recipes that you definitely cannot find anywhere else.

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